



Vaillant's top tips to keep  
warm and save money this winter

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■ Heating   ■ Hot water   ■ Renewables



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Vaillant, one of the UK's leading heating brands, prides itself on delivering reliable and energy efficient central heating systems. With over 140 years' experience of heating homes, Vaillant has created some top tips to help you and your family stay warm and cosy this winter.

### GET SMART WITH YOUR CONTROLS



One of the best ways to keep your home warm this winter is to install a smart control if you don't already have one.

They can be retrofitted to your existing boiler, for example Vaillant's new vSMART™ is compatible with any current ecoTEC boiler - and can optimise your system to use only the minimum energy required. App-based controls like this also allow you to control your heating remotely, so if you're late home you can delay your heating coming on, meaning no energy is wasted heating an empty home.

### LOOK AFTER YOUR BOILER



Getting your boiler serviced annually is essential for keeping it in top condition. This means it works more efficiently and is less likely to break down. Most guarantees will also be invalid without regular servicing. Find a Gas Safe registered engineer in your area using the Find an Installer tool at [www.vaillant.co.uk](http://www.vaillant.co.uk)

### KEEP WARM AT NIGHT



We often feel cooler at night as the temperature drops and our bodies are in resting mode. To keep warm, use a hot water bottle to heat up your bed and tuck the curtains behind the radiators, another good way to keep heat in the house and stop it escaping outside.

### INSULATE, INSULATE, INSULATE.



It's no use having a super-efficient boiler if heat is escaping as soon as it's generated. Loft insulation, cavity walls and of course double glazed windows can significantly reduce your annual fuel spend. There are grants available if you can satisfy certain criteria, so it's worth getting in touch with your gas provider to see what's available.

### KEEP YOUR BODY TEMPERATURE UP



Wearing lots of thin layers, rather than one thick layer, is more effective at trapping heat. Making lots of hot drinks and keeping moving regularly throughout the day will also help to keep your body temperature up.

### SAVE MONEY BY KEEPING ENERGY EFFICIENT



Keeping warm during winter doesn't need to cost a fortune. Reducing your room temperature by just 1°C could help to reduce your heating bills.

Radiator reflectors (available from most hardware shops) are great for reflecting heat that's usually lost through the walls back into the room.

If you have thermostatic radiator valves, be sure to turn them down or off in rooms that are not being used regularly.

